

APPLE CIDER VINEGAR HEALTH BENEFITS



Vitamin B12

Vitamin B12 contributes to normal energy-yielding metabolism

Vitamin B9

Folate contributes to the normal function of the immune system.

Apple Cider Vinegar

Contains beneficial proteins, yeasts and bacteria conducive to health gut microbiome.

Ginger

Formulated with Ginger, a powerful antioxidant and anti-inflammatory.



ACV combined with Ginger may reduce LDL cholesterol levels.

Ginger promotes digestion and reduces nausea.