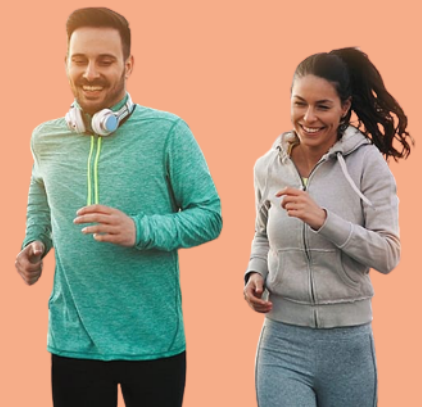


INSTANT ENERGY HEALTH BENEFITS



Vitamin A

Contributes to the normal function of the immune system.

Vitamin E

Contributes to the protection of cells from oxidative stress.

Vitamin D

Vitamin D contributes to the maintenance of normal muscle function.

Vitamin B6

Vitamin B6 contributes to normal energy-yielding metabolism.

Vitamin C

Contributes to the reduction of tiredness and fatigue

Folic Acid

Folate contributes to normal psychological function.

Biotin

Helps the body break down fats, carbohydrates and proteins.

Caffeine

Improves short-term performance.

Taurine

May help improve energy levels, combat exercise-related fatigue, and reduce muscle damage.

